

Amsterdam Swim Cup 2012

16 – 18 March
Sloterparkbad



The National Swimming Institute of Amsterdam (E.ON-NZA) invites you to participate in the ninth edition of the Amsterdam Swim Cup. This spectacular 3 day event in the Sloterparkbad of Amsterdam is supported by the Dutch Swimming Federation (KNZB), Topsport Amsterdam and Zwemvereniging De Dolfijn and is mentioned in the FINA and LEN Calendar 2012.

The Amsterdam Swim Cup is a Qualifying Tournament for the Olympic Games 2012 in London, the European Championships 2012 in Antwerp, the European Junior Championships in Antwerp and the Paralympic Games 2012 in London. So the best swimmers of Holland will compete in the Amsterdam Swim Cup 2012 along with competitors from other countries.

- ⇒ All starts are in open categories men and women
- ⇒ The competition pool is 50 metres and 8 lanes, a separate warm up pool is available
- ⇒ Timing will be electronically
- ⇒ All events on are the competition schedule (50 – 1500 metres)
- ⇒ The finals are short and spectacular
- ⇒ The pool is close to Schiphol Airport and to the city centre of Amsterdam
- ⇒ The price money will be announced early 2012

We would like to invite you to compete in the Amsterdam Swim Cup 2012. The beautiful pool, the strong competition (Dutch and international) and the visit to Amsterdam will make the Amsterdam Swim Cup an event you don't want to miss!

Check our website for the latest news about the Amsterdam Swim Cup 2012:

www.amsterdamswimcup.nl



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Conditions of Participation

1. Participation is possible in the open categories men and women.
2. The heats will take 2 ½ hours at maximum. If more swimmers are entered, only the fastest will be accepted.
3. The seeding in the heats will be based on the FINA rules, with the fastest swimmers in the last 3 heats.
4. The 400 IM will be swum as Timed Finals (Heat Declared Winners). The fastest heat will be swum in the afternoon session during the finals, the other heats in the morning session.
5. The 800 and 1500 freestyle are swum as Finals, only the 8 fastest swimmers can participate. The 800 freestyle for women and the 1500 freestyle for men are swum in the afternoon session. The 800 freestyle for men and the 1500 freestyle for women are swum at the end of the morning session.
6. The 8 fastest swimmers reach the final. Withdrawal for the finals can only be done in writing, up to 30 minutes after the announcement of the results. For each final two reserve swimmers will be listed in the final schedule.
7. The meet will serve as a Qualifying Tournament for the Paralympic Games 2012. The swimmers of the Dutch Paralympic team will participate in the 50, 100, 200 and 400 freestyle, 50 and 100 backstroke, 50 and 100 breaststroke, 50 and 100 butterfly and 200 IM in the regular events. They will receive a wildcard for the heats.
8. The meet will serve as a Qualifying Tournament for the European Junior Championships 2012. Dutch Juniors who are member of one of the talent teams of the KNZB, or member of one of the KNZB Regional Training Centres, will receive a wildcard for the heats, upon request of the head coach of the Dutch Junior National team.
9. The One Start Rule will apply.
10. The pool is 50m long, 8 lanes, with anti wave lane ropes and electronic timing.
11. There is a separate warm-up/swim-down pool available during the meet.
12. The time schedule and the order of events might be changed due to live TV coverage.
13. The competition will be held under FINA Law & technical rules..
14. The organizers reserve the right to limit entries.



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Meet Schedule

Heats Friday 16 March 2012

Warm-up: 7:30 - 8:45 am

Competition: 9:00 - 11:30 am

1	50 metres Freestyle	Women	Heats
2	50 metres butterfly	Men	Heats
3	50 metres breaststroke	Women	Heats
4	400 metres IM	Women	Slowest Heats
5	200 metres backstroke	Men	Heats
6	50 metres backstroke	Women	Heats
7	200 metres breaststroke	Men	Heats
8	200 metres butterfly	Women	Heats
9	100 metres freestyle	Men	Heats
10	200 metres freestyle	Women	Heats
11	1500 metres freestyle	Women	Direct Final

Finals Friday 12 March 2012

Warm-up: 3:45 - 4:45 pm

Start: 5:00 pm

	50 metres Freestyle	Women	Final
	50 metres butterfly	Men	Final
	50 metres breaststroke	Women	Final
12	1500 metres freestyle	Men	Direct Final
	400 metres IM	Women	Fastest Heat
	200 metres backstroke	Men	Final
	50 metres backstroke	Women	Final
	200 metres breaststroke	Men	Final
	200 metres butterfly	Women	Final
	100 metres freestyle	Men	Final
	200 metres freestyle	Women	Final



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Heats Saturday 17 March 2012

Warm-up: 7:30 - 8:45 am

Competition: 9:00 - 11:45 am

13	400 metres freestyle	Men	Heats
14	400 metres freestyle	Women	Heats
15	100 metres breaststroke	Men	Heats
16	100 metres breaststroke	Women	Heats
17	100 metres butterfly	Men	Heats
18	100 metres butterfly	Women	Heats
19	100 metres backstroke	Men	Heats
20	100 metres backstroke	Women	Heats
21	200 metres IM	Men	Heats
22	200 metres IM	Women	Heats



Finals Saturday 17 March 2012

Warm-up: 3:45 - 4:45 pm

Start: 5:00 pm

400 metres freestyle	Men	Final
400 metres freestyle	Women	Final
100 metres breaststroke	Men	Final
100 metres breaststroke	Women	Final
100 metres butterfly	Men	Final
100 metres butterfly	Women	Final
100 metres backstroke	Men	Final
100 metres backstroke	Women	Final
200 metres IM	Men	Final
200 metres IM	Women	Final



Heats Sunday 18 March 2012

Warm-up: 7:30 - 8:45 am

Competition: 9:00 - 11:45 am

23	50 metres freestyle	Men	Heats
24	50 metres butterfly	Women	Heats
25	50 metres breaststroke	Men	Heats
26	400 metres IM	Men	Slowest Heats
27	200 metres backstroke	Women	Heats
28	50 metres backstroke	Men	Heats
29	200 metres breaststroke	Women	Heats
30	200 metres butterfly	Men	Heats
31	100 metres freestyle	Women	Heats
32	200 metres freestyle	Men	Heats
33	800 metres freestyle	Men	Direct Final



Finals Sunday 18 March 2012

Warm-up: 2:45 - 3:45 pm

Start: 4:00 pm

	50 metres freestyle	Men	Final
	50 metres butterfly	Women	Final
	50 metres breaststroke	Men	Final
34	800 metres freestyle	Women	Direct Final
	400 metres IM	Men	Fastest Heat
	200 metres backstroke	Women	Final
	50 metres backstroke	Men	Final
	200 metres breaststroke	Women	Final
	200 metres butterfly	Men	Final
	100 metres freestyle	Women	Final
	200 metres freestyle	Men	Final



Entry information

Pre-registration

Foreign teams need to pre-register for the meet before Thursday 16 February 2012. This enables the organisation to estimate the demand for hotel accommodation, training facilities and meet entries. Please send an estimate of the team size and the swimmers names to: info@amsterdamswimcup.nl.



Signing up

Entries can be sent to the Meet Secretary at: inschrijven@amsterdamswimcup.nl on or before the specified closing date of Wednesday 29 February 2012, and be fully and correctly completed, or else may be rejected. You will receive a confirmation of your registration. The Splash/Lenex files can be downloaded from our website. If you do not have Splash Team Manager, you can download the Splash Entry Editor from our web site.

Entry times and seeding

Entry times must have been achieved after 1 January 2011 in a long course pool. It is required that entry times can be verified.

The seeding in the heats will be based on the FINA rules, with the fastest swimmers in the last 3 heats.

Entry fees

The entrance fee is €8,- per event. Entry fees have to be paid in advance by bank on or before the specified closing date of Wednesday 29 February 2012. Please transfer the proper amount to the ING Bank account of Sciandri, IBAN: NL34INGB0650668618, BIC: INGBNL2A and mention as subject "ASC12 + the name of your team". The entry is complete when both the entry times and the entry fees are received. Clubs will receive a receipt upon payment at the door, as well as one programme for each 10 participants.

Start lists

Start lists will be posted on the website on 5 March 2012. Withdrawals or changes to entries can be made until 12 March 2012 - 8 pm. After 12 March 2012 - 8 pm all entry fees will be due. The final start lists will be placed on our website on 13 March 2011.

Results

The results of the meet will be published via live timing on our website. Results will not be handed out on paper, unless specifically requested.



Further information

Accommodation

The organization offers an exclusive deal in the Blue Square Hotel for all the participants, coaches, support staff and visitors of the Amsterdam Swim Cup. This 4 star hotel is within walking distance of the pool. Rooms are available for €84,- for a single room and €94,- for a double/twin room. Breakfast and taxes are included.



Contents, service and timing of meals will be made suitable to the competition schedule and swimmers. The organization is able to accommodate timing of meals and meetings for your team on request.

Training & preparation

For the comfort of your team and in preparation for the competition, the organization will have the pool available 1 day prior to the tournament for teams to practice. We expect several teams to use these available days to prepare for the competition; a practice schedule will be prepared in cooperation with the team managers. Please inform the organization if your team is interested in using the pool prior to the event.

Preferred hotel arrangements will also be available for the days prior to the tournament.

For more information and registration: www.amsterdamswimcup.nl or contact us by email (info@amsterdamswimcup.nl) if you have any questions.



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Pool Records Sloterparkbad

Men

50 m. freestyle	Stefan Nystrand	Sweden	0.21.98	2009
100 m. freestyle	Stefan Nystrand	Sweden	0.48.78	2009
200 m. freestyle	Pieter van den Hoogenband	Netherlands	1.46.55	2004
400 m. freestyle	Arjen van der Meulen	Netherlands	3.49.83	2009
800 m. freestyle	Luca Ferretti	Italy	7.59.65	2010
1500 m. freestyle	Tom Vangeneugden	Belgium	15.12.08	2009
50 m. butterfly	Milorad Cavic	Serbia	0.23.25	2009
100 m. butterfly	Milorad Cavic	Serbia	0.51.73	2009
200 m. butterfly	Pawel Korzeniowski	Poland	1.56.89	2004
50 m. backstroke	Camille Lacourt	France	0.25.00	2010
100 m. backstroke	Nick Driebergen	Netherlands	0.54.80	2007
200 m. backstroke	Nick Driebergen	Netherlands	1.58.35	2009
50 m. breaststroke	Matjaz Markic	Slovenia	0.27.40	2009
100 m. breaststroke	Lennart Stekelenburg	Netherlands	0.59.50	2009
200 m. breaststroke	Lennart Stekelenburg	Netherlands	2.13.38	2011
200 m. IM	Simon Sjodin	Sweden	2.01.32	2010
400 m. IM	Ioannis Drymonakos	Greece	4.18.18	2005

Women

50 m. freestyle	Marleen Veldhuis	Netherlands	0.23.96	2009
100 m. freestyle	Marleen Veldhuis	Netherlands	0.53.17	2009
200 m. freestyle	Femke Heemskerk	Netherlands	1.56.54	2009
400 m. freestyle	Sharon van Rouwendaal	Netherlands	4.12.69	2009
800 m. freestyle	Sharon van Rouwendaal	Netherlands	8.41.51	2009
1500 m. freestyle	Martina Rita Caramignoli	Italy	16.41.69	2011
50 m. butterfly	Marleen Veldhuis	Netherlands	0.25.33	2009
100 m. butterfly	Marleen Veldhuis	Netherlands	0.56.69	2009
200 m. butterfly	Martina Granström	Sweden	2.10.56	2011
50 m. backstroke	Hinkelien Schreuder	Netherlands	0.28.18	2009
100 m. backstroke	Femke Heemskerk	Netherlands	1.00.03	2011
200 m. backstroke	Jenny Mensing	Germany	2.11.57	2010
50 m. breaststroke	Moniek Nijhuis	Netherlands	0.30.80	2009
100 m. breaststroke	Moniek Nijhuis	Netherlands	1.07.41	2009
200 m. breaststroke	Joline Hostman	Sweden	2.24.85	2009
200 m. IM	Sophie de Ronchi	France	2.15.07	2010
400 m. IM	Lieke Verouden	Netherlands	4.47.47	2011